

tourides

La Dolce Vita on two wheels off the beaten path

5 Terre and
Northern
Tuscany



Il Bottaccio



Group ride: From min 2 to max 14 cyclists

Bicycle rental: e-Gravel or Gravel Bike

Daily bike tour: Two different itineraries each day light lunch at end of bicycle ride

Support on the bike:

Certified guides who ride with the guests.

Support wagon for assistance and broom service.

Extended spare battery for the guests' e-bikes

Drinks and Energy bars

Bike apparel: For every guest, we prepare a customized bike apparel set

Guest insurance coverage: Italian civil liability and Italian sanitary health

Airport transfers: Upon request, we can pick-up and drop-off guests directly at the airport

Tour logistics

 From 2 to 3 guests	 1 Guests and support Van	 1 E-Gravel Bicycle	 1 Mechanic / Driver	 1 Certified Guides	 2 Bike daily Itineraries	 Custom bike kit	 Guest Insurance	
 From 4 to 7 guests	 1 Guests Van	 1 Support Van	 1 E-Gravel Bicycle	 1 Mechanic / Driver	 1 Certified Guides	 2 Bike daily Itineraries	 Custom bike kit	 Guest Insurance
 From 8 to 14 guests	 2 Guests Van	 1 Support Van	 1 E-Gravel Bicycle	 1 Mechanic / Driver	 2 Certified Guides	 2 Bike daily Itineraries	 Custom bike kit	 Guest Insurance

e-Bicycles, Support Team, Insurance

BIANCHI e-GRAVEL BICYCLE

A professional carbon electric bicycle from our partner Bianchi will be prepared for each guest.

The autonomy of the bicycle is enough to carry out the tours we propose, so that the guest can enjoy the ride to the fullest and end the day in complete tranquility.

Guests will find the bicycle upon their arrival at the hotel prepared according to their measurements and preferences.



Bianchi e-Arcadex Carbon eGravel
Shimano GRX Disc 11-Speed, BOSCH CX
Motor Drive, 500W Battery

HIRIDES SUPPORT TEAM

The tour will be managed by a staff: **1 or 2 guides and 1 mechanic/driver**.

The guides support the guests both in the cycling experience and in the leisure experiences and will manage the logistics of the guests.

The mechanic manages the good functioning of the bicycles and will take care of the well-being of the guests on the bike with water, isotonic dinks, coke, nuts, dried fruits.

The broom service will also be managed which allows the guest, if he feels tired, at any time during the journey, to get on the van to return to the hotel.

TRAVEL INSURANCE CERTIFICATE

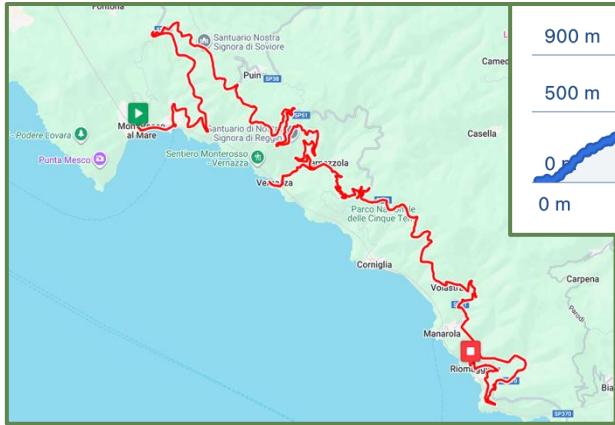


Travel Insurance specific for cyclists

- **Civil Liability Insurance Service**
- **Italian Health Insurance** for non European citizens,
 - Access to Italian health facilities.
 - Transportation to the health facility for treatment.
 - Treatment and hospitalization

Bicycles Itineraries

5 Terre, the road of the Monasteries - Long



MEDIUM

- Cycling time: 4/5 hours
- Distance: 37 KM
- Climbing ascent: 1450 mt
- Gravel unpaved: 0%

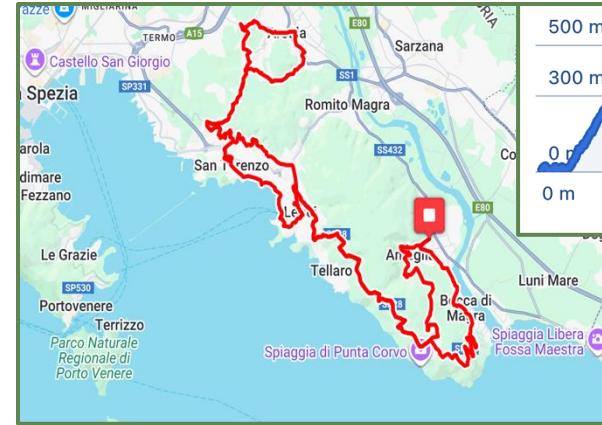
5 Terre, the road of the Monasteries - Short



EASY

- Cycling time: 3 hours
- Distance: 27 KM
- Climbing ascent: 850 mt
- Gravel unpaved: 0%

Gulf of Poets and Monte Marcello – Long



MEDIUM

- Cycling time: 4 hours
- Distance: 51 KM
- Climbing ascent: 1350 mt
- Gravel unpaved: 0%

Gulf of Poets and Monte Marcello – Short

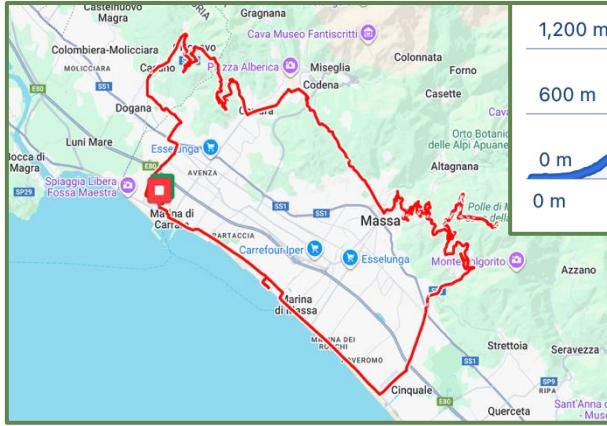


EASY

- Cycling time: 3 hours
- Distance: 34 KM
- Climbing ascent: 920 mt
- Gravel unpaved: 0%

Bicycles Itineraries

Apuane Alps and Pasquilio Mountains – Long



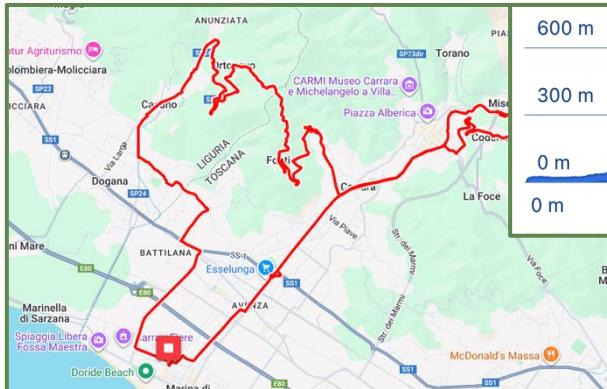
- Cycling time: 4/5 hours
- Distance: 68 KM
- Climbing ascent: 1300 mt
- Gravel unpaved: 0%

Carrara White Marble Quarries – Long



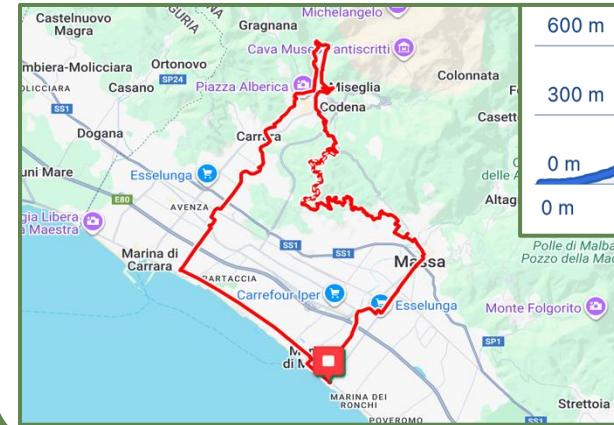
- Cycling time: 4 hours
- Distance: 58 KM
- Climbing ascent: 890 mt
- Gravel unpaved: 14%

Apuane Alps and Pasquilio Mountain – Short



- Cycling time: 3 hours
- Distance: 36 KM
- Climbing ascent: 730 mt
- Gravel unpaved: 20%

Carrara White Marble Quarries – Short



- Cycling time: 3 hours
- Distance: 38 KM
- Climbing ascent: 650 mt
- Gravel unpaved: 9%

Experiences: Guided tours, workshops, tasting, cooking class

5 Terre by boat



The Cinque Terre, 5 small villages perched on the cliffs on the Ligurian Sea, Riomaggiore, Manarola, Corniglia, Vernazza, Monterosso, a breathtaking view. We will take you on a boat trip from village to village, you will see one of the most beautiful postcards of Italy. The guide will tell you about the history of these lands and the biodiversity of the Marine Protected Area of the Cinque Terre.

Pietrasanta & Lucca town guided tour



Guided tour of the city of Lucca. Picturesque and evocative, it retains the charm of a small and ancient Italian city-state. For many centuries it has managed to maintain its independence by adopting a prudent policy. It boasts an extraordinary artistic heritage: Piazza San Michele, via Fillungo, Torre delle Ore, Torre Guinigi, San Frediano, Piazza Anfiteatro, the 16th century walls, the Cathedral.

Experiences: Guided tours, workshops, tasting, cooking class

Colonnata traditional lard tasting



Let's go to the village of Colonnata, famous for the preparation of lard. Matured in the white marble tanks of Carrara, it is a unique product with an intense flavor given by the aromas and an appealing softness. It is considered one of the most renowned and sought-after cured meats in Italy. True excellence is contained in its simplicity, a true jewel of Tuscany.

Terre di Confine wine tasting



This winery takes its name from its location, on the border between Tuscany and Liguria. Giulia, a talented winemaker, with courage, took over old vineyards and created their own wines: "L'intero" (the whole) red and "L'incontro" (the encounter) white. Giulia has tamed Vermentino Nero, Sangiovese, Syrah, and Barbarossa, giving us wines with a rebellious spirit, as can only be achieved between the Apuan Alps and the Tyrrhenian Sea.

Experiences: Guided tours, workshops, tasting, cooking class

Ceramic modeling and decoration course



Carrara is a UNESCO World Heritage Site for Crafts and Folk Arts and a place of residence for artists from around the world. In addition to visits to the academies and art studios, we have prepared a ceramic modeling experience for you, where you can get your hands dirty and unleash your creativity accompanied by an art instructor.

The new "Michelangelo"



Precious white marble has been quarried in Carrara from the Apuan Alps for millennia. Large, uniform blocks of white marble have been the dream of every sculptor throughout history. You won't become a sculptor, but with the help of a master sculptor, you'll have fun creating your own unique piece, like Michelangelo Buonarroti.

Experiences: Guided tours, workshops, tasting, cooking class

Forte dei Marmi charming shopping tour



Forte Dei Marmi, the enchanting village, is the destination for our fashion tour. Your personal shopper will guide you through the best shops in the beautiful historic center. On Wednesdays, an additional resource: from 8:00 AM to 1:00 PM, Italy's most beautiful fashion market offers discounted designer clothes, cashmere, and leather goods. A light lunch by the sea will give you an extra boost.

Luxury shopping tour in Florence



FULL DAY

A full day of luxury shopping in Florence, assisted by our personal shoppers, big brands, and small artisan workshops. The day begins well before your vacation begins, with the preparation of the itinerary to avoid wasting time on uninteresting visits. Once the itinerary is finalized, including any private visits, it will be a day full of wonderful things.

Dining Delights



Il Trillo Restaurant

A special place, a few bends above Massa, just a few kilometers from Versilia. One of the most beautiful outdoor terraces in Versilia, under the lemon trees, surrounded by flowers, for a delicious candlelit dinner. Excellent food, a beautiful wine cellar, also recommended for vegans and celiacs, a lovely evening in the hills.



Il Giglio Restaurant

We are in Lucca, contemporary cuisine, linked to the territory, with French and oriental contaminations, conducted with great personality by the three founding chefs. Excellent service, attentive and informal. Cellar with a wide selection of wines and champagne. The dish of the heart: Tourte of mushrooms, morels, apricots, chestnuts, beurre blanc sauce with star anise.

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Dining Delights



Osteria Fuorirotta

You can't go wrong! A yellow building like the sun in the highest part of Riomaggiore (Cinque Terre), a panoramic terrace for eating outdoors all year round, admiring the landscape from the hills to the sea. Then silence, fresh breeze and tranquility. Original dishes of sea and land that wink at the well-recognizable flavors of the local tradition



Osteria la Brocca

A dive into the past, in a rural osteria that seems to have been plucked from a fairytale. In a warm and welcoming atmosphere, Roberto's team welcomes guests with a smile and guides them on a gastronomic journey through the authentic flavors of the region. The cuisine, a blend of seafood and land, showcases the freshness of the ingredients and the chef's expertise. The wine list is carefully curated and full of surprises.

Weather by month

Average temperature and monthly rain forecast

Monthly rain forecast legend

0	No rain forecast
1	Sporadic, non-continuous
2	A few days of rain
3	Several days of rain

Month	APR	MAY	JUN	JUL	AUG	SEP	OCT
	F°						
High temperature	61°	73°	79°	84°	90°	81°	72°
Low temperature	46°	54°	61°	66°	64°	57°	52°
Rain forecast	2	2	1	1	1	1	2

Month	APR	MAY	JUN	JUL	AUG	SEP	OCT
	C°						
High temperature	16°	23°	26°	29°	32°	27°	22°
Low temperature	8°	12°	16°	19°	18°	14°	11°
Rain forecast	2	2	1	1	1	1	2

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